



EXCLUSIONS

Healthy Company is your digitally-enabled, comprehensive employee assistance programme and wellness solution. It identifies and proactively supports both at-risk employees and those who are well throughout their work and life journey.



DISCOVERY HEALTHY COMPANY COVERS SPECIFIC SERVICES

We list some of the services that do not form part of an employee assistance programme. In other words, these are services **that we do not cover**, unless stated otherwise in your service level agreement.

If you want a separate quotation for one of these services, please ask your Wellness Adviser for more information.

- Premarital counselling
- Guidance in career choices, psychometric testing and occupational suitability evaluations
- School guidance counselling
- Long-term counselling for pre-existing or newly diagnosed mental health conditions
- Play Therapy
- Children **under the age of 12** must be accompanied by a parent or guardian
- Counselling for someone who is already receiving counselling elsewhere
- Services for members not covered by Healthy Company (invalid dependants)
- Group counselling or multiple individual counselling sessions for changes in employment status driven by employer, such as retrenchment
- HR functions, such as exit interviews
- Counselling instead of admission for rehabilitation and assistance with admission to a rehabilitation facility
- Assistance with admissions into hospital/rehabilitation centre
- Team-building events
- Skills training (job skills training, like interview skills)

This list is not exhaustive and may be updated at any time.



Chat to Healthy Company for free advice

Healthy Company is here for you. Access Healthy Company on the Discovery app, on our website at www.discovery.co.za or call us on 0800 320 420 or the international number +27 11 529 6291.

